



















<u>Component</u>	<u>Qty</u>		<u>Component</u>	<u>Qty</u>	
White PVC Pipe: 4' length	3		White Netting: 2' x 10'	1	
White PVC Pipe: 3' length	4		White Netting: 2'6" x 3'6"	1	
White PVC Pipe: 2' length	4		All-Black Bungee Cord: 5"	8	
White PVC Fitting: 3-Way	2		Black & White Bungee Cord: 6"	2	
White PVC Fitting: Ell	2		Cable Tie	24	
White PVC Fitting: Slip Tee	2		White Anchor Strap	4	
Orange PVC Fitting: 3-Way	2		Tent Stake	4	
Orange PVC Fitting: Ell	2		Orange Training Cone	8	
REMO SOCCER Decal	1		Training Curriculum DVD	1	

# ASSEMBLYING your *REMO Trainer*<sup>™</sup>

## I. BUILDING the FRAME

**STEP 1** - There are two identical side frames to your *REMO Trainer*<sup>™</sup>. You will first complete one side frame and then build a second side frame following the same instructions.

### Parts

- 1 – 2' pipe
- 1 – “Slip Tee” fitting
- 2 – anchor straps
- 2 – “EII” fittings (1 white, 1 orange)

### Assembly (see Figure “A”)

- Slide a “Slip Tee” fitting onto the 2' pipe.
- Slide two anchor straps onto the pipe – one on each side of the “Slip Tee” fitting.
- Attach two “EII” fittings (one white, one orange) onto the ends of the 2' pipe.

## **STEP 2**

### Parts

- 2 – 3' pipes
- 1 – 2' pipe
- 2 – 3-way fittings (1 white, 1 orange)

### Assembly (see Figure “B”)

- Put two, 3' pipes in the top openings of the “EII” fittings.
- On the top of one of the 3' pipes put an orange 3-way fitting (on the same side as orange “EII” fitting).
- On the other side put a white 3-way fitting (on the same side as white “EII” fitting).
- Connect the 3-way fittings with a 2' pipe.
- You have completed your first Side Frame. Now build your second Side Frame.

**STEP 3** - To complete the frame, you simply connect the two side frames with the three 4' pipes.

### Parts

- 3 – 4' pipes

### Assembly

- Connect one 4' pipe to the “Slip Tee” fittings connecting the two frames (see Figure “C”).
- Raising each side frame, connect them with the remaining two 4' pipes (see Figure “D”).

## II. APPLYING the DECAL

**STEP 1** – Applying the Decal to the Top Pipe

### Parts

- 1 – REMO SOCCER Decal

### Application

- Apply the decal to the left side of the 4' top pipe (the one with the orange 3-way fittings), placing it 2” to the right of the orange 3-way fitting (see Figure “E”).

## III. TIGHTENING the FRAME

**STEP 1** – The *REMO Trainer*<sup>™</sup>'s pipes need to be securely inserted into the fittings. When completing the building of the frame, apply pressure at every fitting and from every angle of the *REMO Trainer*<sup>™</sup> to assure a deep and secure connection between the pipes and the fittings (see Figure “F”).

**IV. ATTACHING the NETS** – The *REMO Trainer*<sup>™</sup> comes with two nets— one “Long Net” that covers the sides and top and the other is the smaller *TruBack*<sup>™</sup> net.

## **STEP 1 – Attaching the Long Net to Bottom and Side pipes**

### Parts

- 1 – 2' x 10' long net
- Cable Ties (24 count)

### Assembly

- Drape the net across the top and over the two sides of the frame.
- Start on one side and attach the corner-most square of the net to the 2' bottom pipe next to the fitting, using a cable tie.
- Then, through the same corner-most square, attach the net to the 3' side pipe.
- **REPEAT** on the other corner (on the same side).
- Complete the attachment of the net to the 2' bottom pipe with two cable ties spaced equidistant, thus utilizing a total of four cable ties for the net attachment to the 2' bottom pipe (see Figure “G”).
- **REPEAT THIS PROCESS ON THE OPPOSITE FRAME.**
- Use a cable tie to secure the netting to each of the 3' side pipes, midway up (see Figure “H”).

## **STEP 2 – Attaching the Long Net to the 4' top pipes**

- Moving to the top and starting at one end next to the fitting, affix four cable ties evenly spaced across the top (see Figure “I”).
- **REPEAT on the other side.**

## **STEP 3 – Attaching the Short (*TruBack™*) Net to the frame that has all orange fittings**

### Parts

- 1 – 2' 6" x 3' 6" (*TruBack™*) net
- 7 – 5" all-black bungee cords (8 are provided)
- 2 – 6" black & white bungee cords

Assembly - IMPORTANT: During assembly, bungee cords should only go through squares of the Short (*TruBack™*) Net and NOT go through any squares of the Long Net.

- Using two of the 5" all-black bungees, start at one of the top corners and, using the corner-most square of the net, attach one bungee cord to the 4' top pipe and the other to the 3' side pipe, right next to the orange fitting. Make sure you use the SAME CORNER-MOST SQUARE (see Figure “J”).
- **REPEAT** on the other top corner.
- Next, using one of the two 6" black & white bungees, attach the bottom corner-most square of the net to the 2' bottom pipe on the outside of the anchor strap (see Figure “K”). Note: You will need to apply some pressure to complete this, as you will be pulling the net backwards. This will cause the bottom of the net to angle inward – which is correct (see Figure “L”).
- **REPEAT** on the other side.
- Next, attach a 5" all-black bungee midway on each 3' side pipe and to the middle of the 4' top pipe (see Figure “M”).

For lawn use, secure your *REMO Trainer™* by driving a spike through each of the four anchor straps. DO NOT use spikes on synthetic turf (see Figure “N”).

## **V. Maintaining your *REMO Trainer™***

To assure that your *REMO Trainer™*'s pipes remain securely inserted into the fittings, tighten the pipes to the fittings by applying pressure, as needed (see Figure “F”). To clean the frame of your *REMO Trainer™* while avoiding any scratching of the surface, apply only non-abrasive cleaners such as a mild soap and water mix. Occasionally, a cable tie may break and can be replaced with cable ties readily available from your local hardware store. The *REMO Trainer™* comes with a 90-day limited warranty (see [remosoccer.com](http://remosoccer.com) for more details). Replacement parts are available. Call our customer service department at 203-855-9000 for further information.

Figure "A"



Figure "B"

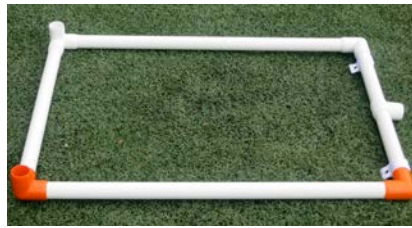


Figure "C"



Figure "D"



Figure "E"



Figure "F"



Figure "G"



Figure "H"



Figure "I"



Figure "J"



Figure "K"



Figure "L"



Figure "M"



Figure "N"

